

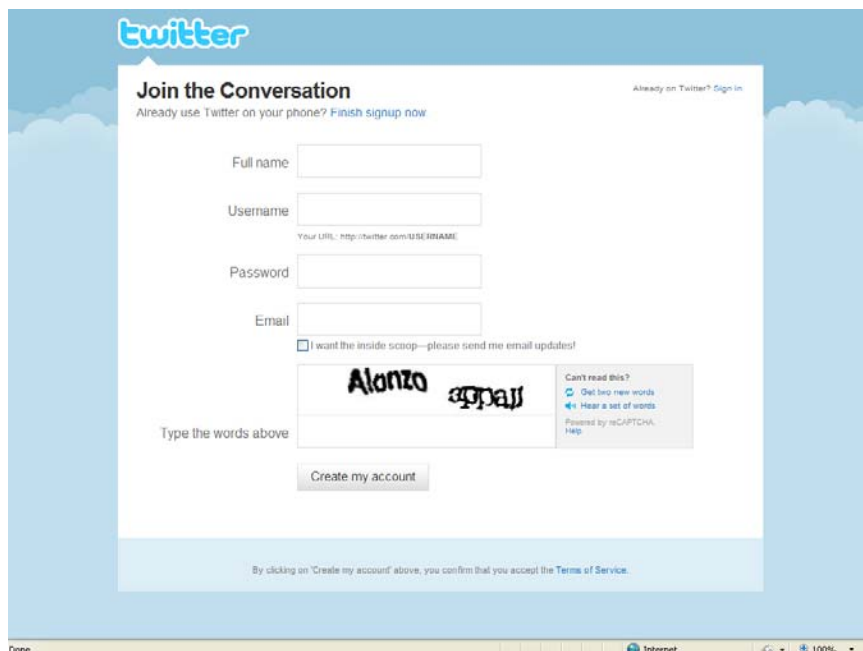
How to join Twitter:

Go to [www.twitter.com](http://www.twitter.com):



Click on the green button on the right: Sign up now:

This takes you to a screen to create an online identity:



Enter your full name in the correct slot; create a username (no spaces), enter a password and your email address. It will give you some characters (in a bold-type script, above) to type in the box, then click on “Create my account”. You can decide if you want to get email updates from them—I suspect most don’t.

Once you get past this screen you may find some that ask for preferences, but it is overall quite simple to start up.

Once you are logged into Twitter you can choose people you want to follow “tweets” from—just search for “MMAPresident” and you will be all set!

If you have problems doing this email me at [president@mainemed.com](mailto:president@mainemed.com) and I’ll try to help you!

Dave McDermott, MD  
President, Maine Medical Association