

## REGISTRATION FORM

7th Annual Perinatal Nursing  
Conference  
April 28, 2009

(Please print all information)

First Name Last Name

Home Address

City State Zip

Home Telephone

E-mail address

Hospital: Campus / Agency Affiliation(s)

Job Title Dept/Unit

Profession(s): RN NP RRT MD PA

\_\_\_\_\_Other

### Fees:

#### Maine Medical Center

All Staff - \$40.00

#### MaineHealth, AWHONN, & OEC Members (\*see listing)

Nurses/Allied Health - \$75.00

Physicians - \$100.00

#### Non OEC Members/Non AWHONN

Nurses/Allied Health - \$100.00

Physicians - \$120.00

**Registration Deadline:**  
**Wednesday, April 17, 2009**

Make checks payable to:  
MMC/Perinatal Nursing Conference  
Fund # 601100

Send registration to:  
Maine Medical Center  
Attention: Beth Turner  
CCPD Rm 26165 Annex C  
22 Bramhall Street  
Portland, ME 04102-3175

Inquiries:

Call (207) 662-2734

or

E-mail: [turneb@mmc.org](mailto:turneb@mmc.org)

Fax: (207) 662-4598

**Parking:** Details with confirmation.

#### **\* Outreach Education Council (OEC)**

(Staff employed by \*member institutions listed below)

Bridgton Hospital  
Central Maine Medical Center  
Eastern Maine Medical Center  
Franklin Memorial Hospital  
Goodall Hospital  
MaineGeneral Medical Center  
Maine Medical Center  
Mercy Hospital  
Mid Coast Hospital  
Miles Memorial Hospital  
Parkview Adventist Medical Center  
Penobscot Bay Medical Center  
Rumford Hospital  
St. Mary's Regional Medical Center  
Southern Maine Medical Center  
Stephens Memorial Hospital  
VAMC, Togus  
York Hospital

Maine Medical Center  
Center for Clinical &  
Professional Development  
Rm 26165 Annex C  
22 Bramhall Street  
Portland, ME 04102-3175

## 7<sup>th</sup> Annual Perinatal Nursing Conference

Contemporary Issues in  
Safe Patient & Family  
Centered Care:

*Pregnancy at Risk:  
A Team Approach to  
Continuum of Care*

**April 28, 2009**

  
**Maine Medical Center**  
MaineHealth

*Sponsored by:*  
Department of Nursing

*Conference Location*  
Abromson Community  
Education Center  
University of Southern Maine, Portland



**7th Annual Perinatal  
Nursing Conference  
April 28, 2009  
0800-1615**

**The Conference:** Today's health care providers are challenged to provide high quality care at low cost to diverse populations. In Day One of this two day conference, experts from nursing and medicine will share contemporary strategies to assist perinatal providers in caring for pregnant patients with complex conditions.

**Intended Audience:** This conference is designed for healthcare providers caring for perinatal patients and their families.

**Objectives:**

1. Review recommended management of gestational and pregestational diabetes in pregnancy.
2. Discuss role of preconception care of the diabetic patient.
3. Participant will be able to identify differences in Swedish approach of birthing from US.
4. Participant will be able to list several differences in health care outcomes of Swedish care vs US.
5. Describe the types of hypertension associated with pregnancy.
6. Identify proper assessment techniques for blood pressure in pregnancy.
7. Review of the pharmacology of methadone and buprenorphine.
8. Discuss pharmacological and non-pharmacological options for pain management of operative and vaginal deliveries.
9. Discuss post-partum pain management: what is the risk of relapse?

		<u>Program</u>
0700	Registration & Continental Breakfast	
0800	Welcome & Introduction <i>Kathleen A. Hale, RN, BSN, MS, NE-BC Associate VP, Nursing, MMC</i>	
0815	Pregnancy & Diabetes: Medical & Nursing Management <i>Joseph R. Wax, MD Loretta Hothersal, Ph.D, RNC-OB, FNP-BC</i>	
0945	BREAK	
1015	Impressions of Swedish Health Care <i>Marjorie S. Wiggins, RN, MBA, DNP(c), NEA-BC</i>	
1100	Hypertension in Pregnancy - Are you HIP? Medical and Nursing Management <i>Lori Johnson, RNC-HROB, BSN, MS</i>	
1200	LUNCH Provided	
1300	Case Presentations - Maternal/Fetal Stabilization & Transport From the Community Hospital Perspective <i>Michael Pinette, MD Kelley Bowden, MS, RNC Others TBD</i>	
1430	BREAK	
1500	Theory and Practice of Pain Management in Labor for Women on Opioid Agonist Therapy <i>Mark Publicker, MD, FASAM</i>	
1600	Wrap up and Evaluation	
1615	Adjourn	

**Planning Committee**

Jessica Begley, MPH, CBE, CLC  
OB Parent Education Program Manager, MMC

Kelley Bowden, MS, RNC  
Perinatal Outreach Education, MMC

Eileen Delaney, RNC  
*Director Maternity & Breast Health Center  
Mid Coast Hospital  
AWHONN Maine Secretary Treasurer*

Darlene Mantis, MSN, RN  
Staff Nurse, NICU, MMC

Patricia Morgan, BSN, MS, RN  
Associate Degree Coordinator,  
Assistant Professor  
University of New England  
AWHONN Maine Section Chair

Suneela Nayak, MS, RN  
Staff Development Specialist, MMC

Janet Oliver-Palanca, BSN, RNC  
Educator, Family Birth Center, MMC

Karee Rhoades, MS, RN, CNS  
Nurse Manager, Family Birth Center, MMC

Pamela Rowell, RN  
Nurse Manager, Birth Center, MMC

Geraldine Tamborelli, BSN, MS, RN  
Nurse Director, Family Birth Center, MMC

Jane Walker, RNC, BSN  
Nurse Manager, Prenatal Center, MMC

**Special Needs for the Abromson Community  
Education Center at the University of  
Southern Maine:**

*Please indicate if you need special services, assistance, or accommodations to participate fully in this program by contacting the Department of Conferences at 780-5960 or TT(teletex/TTY) 780-5646. Requests for reasonable accommodations must be received 2 weeks before an event in order to provide the accommodations in a timely manner. Requests must be received by April 17, 2009.*

**Faculty**

Kelley Bowden, MS, RNC  
Perinatal Outreach Education, MMC

Loretta Hothersal, Ph.D, RNC-OB, FNP-BC  
Maine Center for Endo & Diabetes, MMC

Lori Johnson, RNC-HROB, BSN, MS  
Womens and Infants  
Providence, RI

Michael Pinette, MD  
Director of Maternal Fetal Medicine, MMC

Mark Publicker, MD, FASAM  
Medical Director, Mercy Westbrook  
Recovery Center

Joseph Wax, MD  
OB/GYN Maternal Fetal Medicine, MMC

Marjorie S. Wiggins, RN, MBA, DNP(c), NEA-BC  
Vice President Nursing/Chief Nursing  
Officer, MMC

**ACCREDITATION:**

**Contact Hours: 6**



Maine Medical Center Department of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**CME Credit: 5.75**

AMA PRA Category 1 Credits™  
The Maine Medical Center is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation (CCMEA) to provide continuing Medical education for physicians. The Maine Medical Center designates this educational activity for a maximum of 5.75 ARM PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.